

I'm totally loving the weather right now – windy, rainy, and super cold, perfect weather for an active toddler who would love nothing more than to be outside. Woo hoo! Puddles! Honestly though, I love the fact that the cold weather has created an opportunity for me to develop this all-natural cuticle salve recipe. See what I did there? See how I turned that around? #SilverLining. Ahem. Bring it on winter!



Recipe:

1.3 oz White Beeswax 3 mL Carrot Extract (oil-soluble)

1.0 oz Olive Oil, Pure 3 mL Lavender 40/42 Essential Oil

0.7 oz Shea Butter 2 mL Rosemary Essential Oil

6 mL Vitamin E Oil 12 Classy Lip Butter Pots

3 mL Calendula Extract (oil-soluble)

Buy everything you need with the click of a button!



ONE: In a heat safe container, combine the Olive Oil and Beeswax and microwave until the Beeswax has melted. Be sure to use an appropriately-sized container; Beeswax has a high melting point and if you're using glass, it will get guite warm (and as I found out a few years ago, possibly explode!).



TWO: Once the Beeswax has melted, add the Shea Butter and stir until melted. If the addition of the Shea Butter dips the overall temperature below about 145 degrees, stick the mixture back in the microwave for another 30 seconds or so, otherwise the beeswax will start to harden up again.



THREE: Add the Vitamin E Oil, Calendula Extract, Carrot Extract, Lavender Essential Oil and Rosemary Essential Oil to the mixture. Stir until well incorporated.



FOUR: Line up the Classy Lip Pots (sans lids) and pour the mixture into the pots. Allow the mixture to cool completely, then twist the lids on. Toss one in your purse or car for quick and accessible cuticle relief!







